

RENCANA PELAKSANAAN PEMBELAJARAN

Satuan Pendidikan	: SMPN 1 Lambitu
Kelas/ Semester	: IX/ Genap
Tema	: 3.3 Meminta dan memberi informasi terkait obat/ makanan/ minuman,
Sub Tema	: Label Obat
Alokasi Waktu	: 40 Menit.

A. Tujuan Pembelajaran

Peserta didik dapat:

1. Memahami fungsi sosial label obat
2. Memahami struktur teks dari label obat
3. Peserta didik dapat menentukan unsur kebahasaan dari teks tulis label obat/makanan
4. Menjelaskan informasi detail dari label obat

B. Kegiatan Pembelajaran

1. Pendahuluan
 - a. Guru meminta peserta didik untuk berdoa bersama-sama
 - b. Guru menanyakan kabar peserta didik
 - c. Guru meminta peserta didik untuk melakukan gerakan-gerakan sederhana agar siap mengikuti pelajaran secara fisik.
 - d. Guru menanyakan pengalaman sehari-hari peserta didik tentang label obat
 - e. Guru menyampaikan hal yang akan dipelajari.
 - f. Guru menyampaikan tujuan pembelajaran
 - g. Guru menyampaikan alur pembelajaran
2. Kegiatan Inti
 - a. Guru meminta peserta didik mengamati contoh label obat dan menemukan informasi penting yang ada pada gambar.
 - b. Guru memberikan kesempatan pada peserta didik untuk mengajukan pertanyaan yang ingin diketahui dari label yang diamati.
 - c. Guru meminta peserta didik untuk mengerjakan LK 1 secara berkelompok (menganalisa bagian-bagian dari label untuk mengumpulkan informasi tentang label obat).
 - d. Guru meminta peserta didik mengerjakan LK 2 secara berkelompok (memberikan informasi tentang label obat).
 - e. Guru meminta masing-masing kelompok mempresentasikan hasil kerja kelompok
3. Penutup
 - a. Guru mengajak peserta didik melakukan refleksi
 - b. Guru memberikan penugasan
 - c. Guru memberikan informasi materi berikutnya

C. Penilaian Pembelajaran

- a. Ranah Penilaian : Penilaian Pengetahuan, Sikap
- b. Teknik Penilaian : Tes Tulis

Kepala Sekolah

Sudirman, S.Pd

19650315 198611 1 004

Lambitu, Juli 2021
Guru Mata Pelajaran

Ita Ayunita, S.Pd

NIP. 19830416 200801 2 012

Lampiran 1

Materi

1. Pengertian Label : selembar kertas atau bahan lain yang melekat pada suatu produk dan untuk memberikan informasi tentangnya
2. Tempat Label : ditempel pada kemasan atau diselipkan dalam produk
3. Fungsi Label Obat : Untuk menunjukkan informasi detail tentang obat
4. Beberapa informasi yang ada pada label obat:
 - a. Name of product
 - b. Content/amount
 - c. Description
 - d. Ingredients
 - e. Direction to use/dosage
 - f. Direction to store
 - g. Expiration date

Contoh Label Obat

NEW LOZENGES

VICKS® VapoDrops® +COUGH

Relieve Cough
Clear Blocked Nose
Soothe Sore Throat

Sore throats often arrive with a cough and blocked nose.
VICKS® VapoDrops® +COUGH Lozenges are formulated to help:
1. Relieve Cough
2. Clear Blocked Nose
3. Soothe Sore Throat

Contains herbal ingredients.

DOSAGE
Adults and Children over 6 years:
Dissolve 1 lozenge in your mouth every 2 hours as needed.

Each Lozenge contains extracts equivalent to dry:
Glycyrrhiza glabra (Liquorice) 15mg
Zingiber officinale (Ginger) 10mg
Phyllanthus emblica (Indian gooseberry) 10mg
Menthol 7 mg

CONTAINS hydroxybenzoates.
If symptoms persist consult your healthcare professional.
Contains sugars.

Not to be used in children under 2 years of age without medical advice.
Do not use if blister seal is broken.

Netto 100mL

Store below 25°C


Exp. Date 09/10/2022

LK 1

Look at the pictures below and complete the label based on the information of the label!

Label 1.

Label	Name of the product	description	Content	amount	ingredient	Dosages	Direction to use	Exp Date

<p>Drug Facts (continued)</p> <p>Ask a doctor or pharmacist before use if your child is taking the blood thinning drug warfarin</p> <p>Stop use and ask a doctor if</p> <ul style="list-style-type: none"> • pain gets worse or lasts more than 5 days • fever gets worse or lasts more than 3 days • redness or swelling is present • any new symptoms appear <p>These could be signs of a serious condition.</p> <p>Keep out of reach of children.</p> <p>Overdose warning: Taking more than the recommended dose can cause serious health problems. In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical even if you do not notice any signs or symptoms.</p> <p>Directions this product does not contain directions or complete warnings for adult use</p> <ul style="list-style-type: none"> • do not take more than directed (see overdose warning) • if needed, repeat dose every 4 hours, while symptoms persist • do not take more than 5 doses in 24 hours, unless directed by a doctor • chew tablets or crush and mix with applesauce or cereal 	<p>Drug Facts (continued)</p> <table border="1"> <thead> <tr> <th>Age</th> <th>Weight</th> <th>Dose</th> </tr> </thead> <tbody> <tr> <td>under 2 yrs</td> <td>under 24 lbs</td> <td>ask a doctor</td> </tr> <tr> <td>2 - 3 yrs</td> <td>24 - 35 lbs</td> <td>2 tablets</td> </tr> <tr> <td>4 - 5 yrs</td> <td>36 - 47 lbs</td> <td>3 tablets</td> </tr> <tr> <td>6 - 8 yrs</td> <td>48 - 59 lbs</td> <td>4 tablets</td> </tr> <tr> <td>9 - 10 yrs</td> <td>60 - 71 lbs</td> <td>5 tablets</td> </tr> <tr> <td>11 yrs</td> <td>72 - 95 lbs</td> <td>6 tablets</td> </tr> </tbody> </table> <p>Other information</p> <ul style="list-style-type: none"> • store below 30°C (86°F) • read and retain carton for complete information <p>Inactive ingredients D&C red #27 lake, D&C red #30 lake, flavor, mannitol, sodium saccharin, starch, stearic acid</p> <p>Questions or comments? 1-800-961-3511 (English/Spanish) weekdays</p> <p>Distributed by: GlaxoSmithKline Consumer Healthcare, L.P. Moon Township, PA 15108 U.S.A.</p> <p>Made in Italy</p> <p>©2010 GlaxoSmithKline 28711XB</p>	Age	Weight	Dose	under 2 yrs	under 24 lbs	ask a doctor	2 - 3 yrs	24 - 35 lbs	2 tablets	4 - 5 yrs	36 - 47 lbs	3 tablets	6 - 8 yrs	48 - 59 lbs	4 tablets	9 - 10 yrs	60 - 71 lbs	5 tablets	11 yrs	72 - 95 lbs	6 tablets	<p>CHILDREN'S PANADOL® Acetaminophen Pain Reliever • Fever Reducer</p> <p>ASPIRIN-FREE NO SUGAR ADDED FRUIT FLAVORED</p> <p>32 Chewable Tablets 80 mg Each</p>  <p>See new warnings information.</p>	<p>Drug Facts</p> <table border="1"> <thead> <tr> <th>Active ingredient (in each tablet)</th> <th>Purposes</th> </tr> </thead> <tbody> <tr> <td>Acetaminophen 80 mg</td> <td>Pain reliever/fever reducer</td> </tr> </tbody> </table> <p>Uses</p> <ul style="list-style-type: none"> • temporarily relieves minor aches and pains due to: <ul style="list-style-type: none"> • colds • flu • headache • toothache • temporarily reduces fever <p>Warnings</p> <p>Liver warning: This product contains acetaminophen. Severe liver damage may occur if your child takes</p> <ul style="list-style-type: none"> • more than 5 doses in 24 hours, which is the maximum daily amount • with other drugs containing acetaminophen <p>Do not use with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.</p> <p>Ask a doctor before use if your child has liver disease</p>	Active ingredient (in each tablet)	Purposes	Acetaminophen 80 mg	Pain reliever/fever reducer
Age	Weight	Dose																										
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Acetaminophen 80 mg	Pain reliever/fever reducer																											

LK 1

Look at the pictures below and complete the tabel based on the informatioan of the label!

Label 2

Label	Name of the product	description	Content	amount	ingredient	Dosages	Direction to use	Exp Date

ANIDAN

PARACETAMOL TABLETS

FOR RELIEF FROM:

Cold and flu symptoms	Tootache
Feverishness	Period pain
Aches & pains	Rheumatic pain
Headache	Neuralgia
Migraine	Sore throat

Do not take with any other paracetamol containing product

Immediate medical advice should be sought in the event of an overdose even if you feel well

KEEP ALL MEDICINES OUT OF THE SIGHT * REACH OF CHILDREN

Contains Paracetamol

EACH TABLET CONTAINS
Paracetamol Ph Eur 500mg

DOSAGE:
Adults the elderly and young people aged 12 years of age or over: Take 2 tablets with a drink of water.
Repeat every 4 hours as required

DO NOT TAKE MORE THAN 8 TABLETS IN 24 HOURS
Children 6 to 12 years of age: Take 1/2 to 1 tablet with a drink of water.
Repeat every 4 hours as required.

DO NOT TAKE MORE THAN 4 TABLETS IN 24 HOURS
If symptoms persist for more than 3 days, consult your doctor
DO NOT GIVE TO CHILDREN AGED UNDER 6 YEARS

LK.1

Look at the pictures below and complete the tabel based on the informatioan of the label!

Label 3

Label	Name of the product	description	Content	amount	ingredient	Dosages	Direction to use	Exp Date

BOCA
PHARMACAL, INC.

NDC 64376-602-31

**Glycopyrrolate
Tablets, USP**

2 mg

White, Dye-Free

Rx Only

30 TABLETS

USUAL DOSAGE: See package insert for complete dosage recommendations.

PHARMACIST: Dispense in a tight, light-resistant container with a child-resistant closure.

STORAGE: Store at 20°-25°C (68°-77°F). [See USP Controlled Room Temperature].

WARNING: Keep this and all medications out of the reach of children.

Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

Manufactured for: **Boca Pharmacal, Inc.**
Coral Springs, FL 33065
www.bocapharmacal.com Iss. 10/11

Label 4

Label	Name of the product	description	Content	amount	ingredient	Dosages	Direction to use	Exp Date

Daily test

GENUINE ASPIRIN
BAYER
 ASPIRIN (NSAID) PAIN RELIEVER/FEVER REDUCER

THE WONDER DRUG

Safe Pain Relief Plus
 Lifesaving Benefits

325^{mg}

50
 COATED TABLETS

To Open,
 PUSH IN TAB and PULL OUT

Talk to your doctor or other healthcare provider
 before using this product for your heart.

25 Pouches of 2 Tablets Each

Drug Facts		Drug Facts (continue)
Active ingredient (in each tablet)	Purpose	Do not use
Aspirin 325 mg (NSAID)*	Pain reliever/fever reducer	<ul style="list-style-type: none"> if you are allergic to any of the ingredients if you have ever had an allergic reaction to any of its ingredients
Uses		Ask a doctor before use
<ul style="list-style-type: none"> temporarily relieves minor aches and pains due to: <ul style="list-style-type: none"> headache muscle pain toothache menstrual pain colds minor pain of arthritis temporarily reduces fever 		<ul style="list-style-type: none"> stomach bleeding warning you have a history of stomach bleeding you have high blood pressure kidney disease you are taking a diuretic you have asthma
Warnings		Ask a doctor or pharmacist before taking a prescription drug
<p>Reye's syndrome: Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness.</p> <p>Allergy alert: Aspirin may cause a severe allergic reaction which may include:</p> <ul style="list-style-type: none"> hives facial swelling asthma (wheezing) shock <p>Stomach bleeding warning: This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you</p> <ul style="list-style-type: none"> are age 60 or older have had stomach ulcers or bleeding problems take a blood thinning (anticoagulant) or steroid drug take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others) have 3 or more alcoholic drinks every day while using this product take more or for a longer time than directed 		<p>Stop use and ask a doctor if you experience any of the following:</p> <ul style="list-style-type: none"> feel faint vomit have stomach pain stomach pain pain gets worse or lasts more than 2 days fever gets worse or lasts more than 3 days redness or swelling is present new symptoms occur ringing in the ears or a decrease in hearing <p>If pregnant or breast-feeding, stop use as soon as possible. It is especially important to stop use during the last 3 months of pregnancy because it may cause complications during childbirth. Keep out of reach of children. In case of emergency, call a Poison Control Center or contact a doctor.</p>

Answer these questions based on the label above!

1. What is the name of the product?
 2. How does the product for?
 3. what we have to do if the fever get worse!
 4. what does the drug contain?
 5. what kind of allergic reaction that maybe cause by the product?
- How to store the drug?