RENCANA PELAKSANAAN PEMBELAJARAN

Satuan Pendidikan : SMPN 1 Talang Kelapa
Mata Pelajaran : Bahasa Inggris
Kelas/Semester : IX/1
Materi Pokok : Label
Alokasi Waktu : 6 x 40 menit

Tujuan Pembelajaran:

Melalui pembelajaran berbasis *discovery based learning*, peserta didik dapat ***mengidentifikasi informasi umum*** dari beragam gambar, ***membandingkan***, ***memberikan penjelasan singkat***, dan ***membuat kesimpulan*** dengan ***menggunakan bahasa yang benar, santun*** dengan penuh ***tanggung jawab.***

Langkah-Langkah Pembelajaran

Pertemuan 1

Peserta didik:

1. dibagi dalam beberapa kelompok berisikan 3 atau empat orang, menyimak beberapa gambar pada lembar kerja 1;

2. mencatat beberapa hal penting dalam gambar, seperti: satuan berat pada benda cair ataupun padat, kosakata baru (kata benda, sifat, dst.);

3. mencari arti kata / rujukan menggunakan kamus (buku ataupun online);

4. menjawab pertanyaan A,B dan C;

5. mengunggah hasil kerja di WhatsApp grup, saling memberi umpan balik;

6. merevisi hasil kerja yang telah dibuat berdasarkan umpan balik dari teman sekelas dan guru.

Pertemuan 2

Peserta didik:

7. bersama kelompok, menyimak beberapa gambar pada lembar kerja 2;

8. mencatat beberapa hal penting dalam gambar, seperti: satuan berat pada benda cair ataupun padat, kosakata baru (kata benda, sifat, dst.);

9. mencari arti kata / rujukan menggunakan kamus (buku ataupun online);

10. menjawab pertanyaan D;

11. mengunggah hasil kerja di WhatsApp grup, saling memberi umpan balik;

12. merevisi hasil kerja yang telah dibuat berdasarkan umpan balik dari teman sekelas dan guru.

Pertemuan 3

Peserta didik:

13. menyimak beberapa gambar pada lembar kerja 3secara individu;

14. mencatat beberapa hal penting dalam gambar, seperti: satuan berat pada benda cair ataupun padat, kosakata baru (kata benda, sifat, dst.);

15. mencari arti kata / rujukan menggunakan kamus (buku ataupun online);

16. menjawab pertanyaan E, F dan G;

17. mengunggah hasil kerja di WhatsApp grup, saling memberi umpan balik;

18. merevisi hasil kerja yang telah dibuat berdasarkan umpan balik dari teman sekelas dan guru;

19. Mengunggah hasil kerja bagian G di laman social media sekolah.

Penilaian

- Pengetahuan dan keterampilan (kosakata, diksi, tata bahasa)

    - Bentuk : Lembar kerja

    - Instrumen : Terlampir

Be A Voracious Reader

Salvina Josephine
Jodie,guardance2012@gmail.com

Food labels

EAT 5 A DAY
S&S GROWERS

Each naan bread contains

Calories 215 11%
Sugar 5.4g 6%
Fat 6g 9%
Saturates 1g 5%
Salt 1.8g 30%
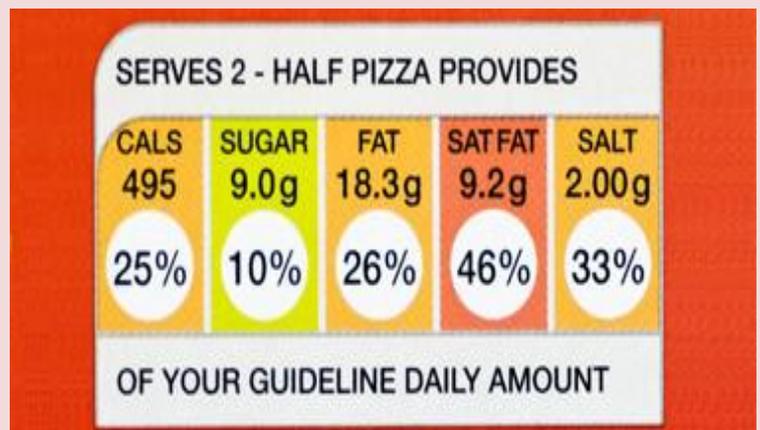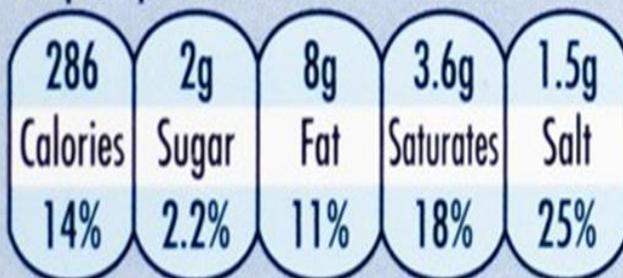
of your guideline daily amount

SPL

A

1. How many calories are in this meal?

2. How much fat is in this meal?

3. How much saturated fat is in this meal?

B

1. How many calories are in this meal?

2. How much fat is in this meal?

3. How much saturated fat is in this meal?

SERVES 2 - HALF PIZZA PROVIDES

CALS	SUGAR	FAT	SAT FAT	SALT
495	9.0g	18.3g	9.2g	2.00g
25%	10%	26%	46%	33%

OF YOUR GUIDELINE DAILY AMOUNT

Per pack provides...

286	2g	8g	3.6g	1.5g
Calories	Sugar	Fat	Saturates	Salt
14%	2.2%	11%	18%	25%

of your guideline daily amount

C

1. How many calories are in this meal?

2. How much fat is in this meal?

3. How much saturated fat is in this meal?

EAT 5 A DAY
S&S GROWERS

SERVES 2 - HALF PIZZA PROVIDES

CALS	SUGAR	FAT	SAT FAT	SALT
495	9.0g	18.3g	9.2g	2.00g
25%	10%	26%	46%	33%

OF YOUR GUIDELINE DAILY AMOUNT

Per pack provides...

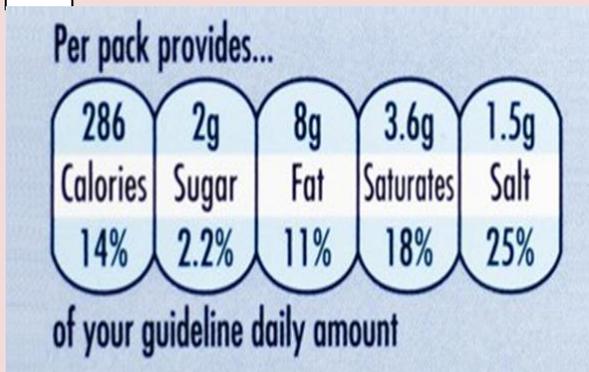| 286	2g	8g	3.6g	1.5g
Calories	Sugar	Fat	Saturates	Salt
14%	2.2%	11%	18%	25%

of your guideline daily amount

D

1. Which of these meals has <u>more</u> calories?
2. Which of these meals has <u>less</u> sugar?
3. Which of these meals has <u>more</u> saturated fat?
4. Which of these meals has <u>less</u> salt?
5. Which of these meals do you think is <u>healthier</u>? Why?

EAT 5 A DAY
S&S GROWERS

1

Per pack provides...

286 Calories	2g Sugar	8g Fat	3.6g Saturates	1.5g Salt
14%	2.2%	11%	18%	25%

of your guideline daily amount

2

Each naan bread contains

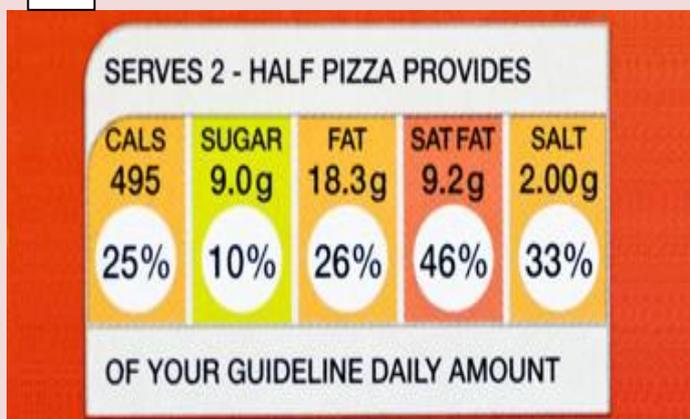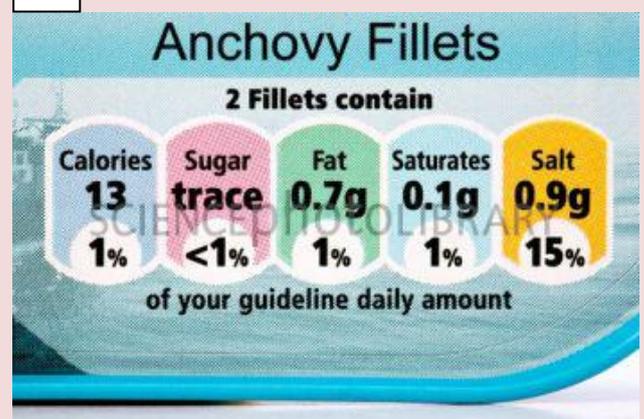| Calories 215	Sugar 5.4g	Fat 6g	Saturates 1g	Salt 1.8g
11%	6%	9%	5%	30%

of your guideline daily amount

SPL

E

1. Which of these meals has more calories?
2. Which of these meals has less sugar,
3. Which of these meals has more saturated fat?
4. Which of these meals has less salt?
5. Which of these meals do you think is healthier? Why?

1

SERVES 2 - HALF PIZZA PROVIDES

CALS	SUGAR	FAT	SAT FAT	SALT
495	9.0g	18.3g	9.2g	2.00g
25%	10%	26%	46%	33%

OF YOUR GUIDELINE DAILY AMOUNT

2

Anchovy Fillets

2 Fillets contain

Calories	Sugar	Fat	Saturates	Salt
13	trace	0.7g	0.1g	0.9g
1%	<1%	1%	1%	15%

of your guideline daily amount

SCIENCE PHOTO LIBRARY

F

1. Which of these meals has more calories?
2. Which of these meals has less sugar?
3. Which of these meals has more saturated fat?
4. Which of these meals has less salt?
5. Which of these meals do you think is healthier? Give your reason.

G

1. Write a list of the food you like to eat. Are they healthy or unhealthy? Give a short explanation.