

## RENCANA PELAKSANAAN PEMBELAJARAN

Satuan Pendidikan	:	SMPN 1 Pabelan
Kelas/ Semester	:	IX/ Genap
Tema	:	Meminta dan memberi informasi terkait obat/ makanan/ minuman,
Sub Tema	:	Label Obat
Pembelajaran ke	:	Pertama
Alokasi Waktu	:	10 menit

### A. Tujuan Pembelajaran

1. Peserta didik dapat memahami fungsi sosial label obat
2. Peserta didik dapat memahami informasi detail dari label obat
3. Peserta didik dapat menjelaskan informasi detail dari label obat

### B. Kegiatan Pembelajaran

1. Pendahuluan
  - a. Guru meminta peserta didik untuk berdoa bersama-sama
  - b. Guru menanyakan kabar peserta didik
  - c. Guru menanyakan jika ada peserta didik yang tidak hadir, mendoakan jika ada yang sakit
  - d. Guru meminta peserta didik untuk melakukan gerakan-gerakan sederhana agar siap mengikuti pelajaran secara fisik
  - e. Guru menanyakan pengalaman sehari-hari peserta didik tentang label obat
  - f. Guru menyampaikan materi pembelajaran
  - g. Guru menyampaikan tujuan pembelajaran
  - h. Guru menyampaikan alur pembelajaran
2. Kegiatan Inti
  - a. Guru meminta peserta didik mengamati contoh label obat dan menemukan informasi penting yang ada pada gambar
  - b. Guru memberikan kesempatan pada peserta didik untuk mengajukan pertanyaan yang ingin diketahui dari label yang diamati
  - c. Guru meminta peserta didik untuk mengerjakan LK 1 secara berkelompok (menganalisa bagian-bagian dari label untuk mengumpulkan informasi tentang label obat)
  - d. Guru meminta peserta didik mengerjakan LK 2 secara berkelompok (memberikan informasi tentang label obat)
  - e. Guru meminta masing-masing kelompok mempresentasikan hasil kerja kelompok
3. Penutup
  - a. Guru mengajak peserta didik melakukan refleksi
  - b. Guru memberikan penugasan
  - c. Guru memberikan informasi materi berikutnya

### C. Penilaian Pembelajaran

- a. Ranah Penilaian : Penilaian Pengetahuan
- b. Teknik Penilaian : Tes Tulis

Lampiran 1

Materi

1. Pengertian Label : selebar kertas atau bahan lain yang melekat pada suatu produk dan untuk memberikan informasi tentangnya
2. Tempat Label : ditempel pada kemasan atau diselipkan dalam produk
3. Fungsi Label Obat : Untuk menunjukkan informasi detail tentang obat
4. Beberapa informasi yang ada pada label obat:
  - a. Name of product
  - b. Content/amount
  - c. Description
  - d. Ingredients
  - e. Direction to use/dosage
  - f. Direction to store
  - g. Expiration date

Contoh Label Obat

**NEW LOZENGES**

**VICKS® VapoDrops® +COUGH**

Relieve Cough  
Clear Blocked Nose  
Soothe Sore Throat

Sore throats often arrive with a cough and blocked nose.  
VICKS® VapoDrops® +COUGH Lozenges are formulated to help:  
1. Relieve Cough  
2. Clear Blocked Nose  
3. Soothe Sore Throat

Contains herbal ingredients.

**DOSAGE**  
Adults and Children over 6 years:  
Dissolve 1 lozenge in your mouth every 2 hours as needed.

Each Lozenge contains extracts equivalent to dry:  
Glycyrrhiza glabra (Liquorice) 15mg  
Zingiber officinale (Ginger) 10mg  
Phyllanthus emblica (Indian gooseberry) 10mg  
Menthol 7 mg

**CONTAINS** hydroxybenzoates.  
If symptoms persist consult your healthcare professional.  
Contains sugars.

Not to be used in children under 2 years of age without medical advice.  
Do not use if blister seal is broken.

Netto 100mL


Store below 25°C

Exp. Date 09/10/2022

Look at the pictures below and complete the tabel based on the informatioan of the label!

Label	Name of the product	Description	Content/ Amount	Ingredie nts	Dosag e	Directi on to use	Directi on to store	Expirati on date
1								
2								
3								
4								
5								

Label 1

<p><b>Drug Facts (continued)</b></p> <p><b>Ask a doctor or pharmacist before use if your child is taking the blood thinning drug warfarin</b></p> <p><b>Stop use and ask a doctor if</b></p> <ul style="list-style-type: none"> <li>• pain gets worse or lasts more than 5 days</li> <li>• fever gets worse or lasts more than 3 days</li> <li>• redness or swelling is present</li> <li>• any new symptoms appear</li> </ul> <p>These could be signs of a serious condition.</p> <p><b>Keep out of reach of children.</b></p> <p><b>Overdose warning:</b> Taking more than the recommended dose can cause serious health problems. In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical even if you do not notice any signs or symptoms.</p> <p><b>Directions</b> this product does not contain directions or complete warnings for adult use</p> <ul style="list-style-type: none"> <li>• do not take more than directed (see overdose warning)</li> <li>• if needed, repeat dose every 4 hours, while symptoms persist</li> <li>• do not take more than 5 doses in 24 hours, unless directed by a doctor</li> <li>• chew tablets or crush and mix with applesauce or cereal</li> </ul>	<p><b>Drug Facts (continued)</b></p> <table border="1"> <thead> <tr> <th>Age</th> <th>Weight</th> <th>Dose</th> </tr> </thead> <tbody> <tr> <td>under 2 yrs</td> <td>under 24 lbs</td> <td>ask a doctor</td> </tr> <tr> <td>2 - 3 yrs</td> <td>24 - 35 lbs</td> <td>2 tablets</td> </tr> <tr> <td>4 - 5 yrs</td> <td>36 - 47 lbs</td> <td>3 tablets</td> </tr> <tr> <td>6 - 8 yrs</td> <td>48 - 59 lbs</td> <td>4 tablets</td> </tr> <tr> <td>9 - 10 yrs</td> <td>60 - 71 lbs</td> <td>5 tablets</td> </tr> <tr> <td>11 yrs</td> <td>72 - 95 lbs</td> <td>6 tablets</td> </tr> </tbody> </table> <p><b>Other information</b></p> <ul style="list-style-type: none"> <li>• store below 30°C (86°F)</li> <li>• read and retain carton for complete information</li> </ul> <p><b>Inactive ingredients</b> D&amp;C red #27 lake, D&amp;C red #30 lake, flavor, mannitol, sodium saccharin, starch, stearic acid</p> <p><b>Questions or comments?</b> 1-800-981-3511 (English/Spanish) weekdays</p> <p>Distributed by: <b>GlaxoSmithKline</b> Consumer Healthcare, L.P. Moon Township, PA 15108 U.S.A.</p> <p>Made in Italy</p> <p>©2010 GlaxoSmithKline 28711XB</p>	Age	Weight	Dose	under 2 yrs	under 24 lbs	ask a doctor	2 - 3 yrs	24 - 35 lbs	2 tablets	4 - 5 yrs	36 - 47 lbs	3 tablets	6 - 8 yrs	48 - 59 lbs	4 tablets	9 - 10 yrs	60 - 71 lbs	5 tablets	11 yrs	72 - 95 lbs	6 tablets	<p><b>CHILDREN'S PANADOL®</b></p> <p><b>Acetaminophen</b> Chewable Tablets Pain Reliever • Fever Reducer</p> <p><b>ASPIRIN-FREE</b> <b>NO SUGAR ADDED</b> <b>FRUIT FLAVORED</b></p> <p><b>32 Chewable Tablets</b> 80 mg Each</p> <p>See new warnings information.</p> 	<p><b>Drug Facts</b></p> <table border="1"> <thead> <tr> <th>Active ingredient (in each tablet)</th> <th>Purposes</th> </tr> </thead> <tbody> <tr> <td>Acetaminophen 80 mg</td> <td>Pain reliever/fever reducer</td> </tr> </tbody> </table> <p><b>Uses</b></p> <ul style="list-style-type: none"> <li>• temporarily relieves minor aches and pains due to:             <ul style="list-style-type: none"> <li>• colds</li> <li>• flu</li> <li>• headache</li> <li>• toothache</li> </ul> </li> <li>• temporarily reduces fever</li> </ul> <p><b>Warnings</b></p> <p><b>Liver warning:</b> This product contains acetaminophen. Severe liver damage may occur if your child takes</p> <ul style="list-style-type: none"> <li>• more than 5 doses in 24 hours, which is the maximum daily amount</li> <li>• with other drugs containing acetaminophen</li> </ul> <p><b>Do not use</b> with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.</p> <p><b>Ask a doctor before use if your child has liver disease</b></p>	Active ingredient (in each tablet)	Purposes	Acetaminophen 80 mg	Pain reliever/fever reducer
Age	Weight	Dose																										
under 2 yrs	under 24 lbs	ask a doctor																										
2 - 3 yrs	24 - 35 lbs	2 tablets																										
4 - 5 yrs	36 - 47 lbs	3 tablets																										
6 - 8 yrs	48 - 59 lbs	4 tablets																										
9 - 10 yrs	60 - 71 lbs	5 tablets																										
11 yrs	72 - 95 lbs	6 tablets																										
Active ingredient (in each tablet)	Purposes																											
Acetaminophen 80 mg	Pain reliever/fever reducer																											

Label 2

<b>ANIDAN</b> PARACETAMOL TABLETS		EACH TABLET CONTAINS Paracetamol Ph Eur 500mg
FOR RELIEF FROM:		<b>DOSSAGE:</b> Adults the elderly and young people aged 12 years of age or over: Take 2 tablets with a drink of water. Repeat every 4 hours as required
Cold and flu symptoms	Tootache	<b>DO NOT TAKE MORE THAN 8 TABLETS IN 24 HOURS</b>
Feverishness	Period pain	Children 6 to 12 years of age: Take 1/2 to 1 tablet with a drink of water. Repeat every 4 hours as required.
Aches & pains	Rheumatic pain	<b>DO NOT TAKE MORE THAN 4 TABLETS IN 24 HOURS</b>
Headache	Neuralgia	In symptoms persist for more than 3 days, consult your doctor
Migraine	Sore throat	<b>DO NOT GIVE TO CHILDREN AGED UNDER 6 YEARS</b>
Do not take with any other paracetamol containing product		
Immediate medical advice should be sought in the event of an overdose even if you feel well		
<b>KEEP ALL MEDICINES OUT OF THE SIGHT * REACH OF CHILDREN</b>		
Contains Paracetamol		

Label 3

	<b>USUAL DOSAGE:</b> See package insert for complete dosage recommendations.
NDC 64376-602-31	<b>PHARMACIST:</b> Dispense in a tight, light-resistant container with a child-resistant closure.
<b>Glycopyrrolate</b> <b>Tablets, USP</b>	<b>STORAGE:</b> Store at 20°-25°C (68°-77°F). [See USP Controlled Room Temperature].
<b>2 mg</b>	<b>WARNING:</b> Keep this and all medications out of the reach of children.
White, Dye-Free	<b>Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.</b>
<b>R<sub>x</sub> Only</b>	Manufactured for: <b>Boca Pharmacal, Inc.</b> Coral Springs, FL 33065 www.bocapharmacal.com
<b>30 TABLETS</b>	Iss. 10/11



Label 4

250 mg

NDC 47781-607-01

**DISULFIRAM**  
TABLETS, USP

250 mg

See Side Panel  
for Warnings

Rx only  
100 Tablets

Alvogen™

USUAL DOSAGE: See package insert.

Store at 20°-25°C (68°-77°F) [See USP Controlled Room Temperature]

Dispense in a tight, light-resistant container as defined in the USP.

**WARNING: To the Physician:** This is a potent drug; indiscriminate use may result in serious undesirable reactions. Before administering this product, physicians should familiarize themselves with the enclosed literature.

**To the Pharmacist:** When dispensing this product, include the following as part of the Rx labeling:

**WARNING:** Administration of this drug without the full knowledge of the patient may result in serious complications.

Each tablet contains 250 mg Disulfiram, USP

Mfg. by:  
Norwich  
Pharmaceuticals,  
Inc., Norwich, NY  
13815

Dist. by:  
Alvogen, Inc.  
Pine Brook, NJ  
07058

607-01-01  
Rev: 01/2013  
PKG01316

3  
47781  
60701  
2

Label 5

**AUGMENTIN®**

125mg/5mL  
NDC 0029-6085-39

Tear along perforation

NSN 6505-01-340-0847

**Directions for mixing:**  
Tap bottle until all powder flows freely. Add approximately 2/3 of total water for reconstitution **(total = 67 mL)**; shake vigorously to wet powder. Add remaining water; again shake vigorously.

**Dosage:** See accompanying prescribing information.

Tear along perforation

**AUGMENTIN®**  
**AMOXICILLIN/  
CLAVULANATE POTASSIUM  
FOR ORAL SUSPENSION**

When reconstituted, each 5 mL contains:  
**AMOXICILLIN, 125 MG,**  
as the trihydrate  
**CLAVULANIC ACID, 31.25 MG,**  
as clavulanate potassium

**75mL** (when reconstituted)

**SB SmithKline Beecham**


**Keep tightly closed.  
Shake well before using.  
Must be refrigerated.  
Discard after 10 days.**

**NDC 70771-1437-1**

**Desoximetasone Cream, USP**

**0.25%**

FOR TOPICAL USE ONLY. NOT FOR ORAL, OPHTHALMIC, OR INTRAVAGINAL USE.  
 Keep this and all medications out of the reach of children.

 **zydus**  
 pharmaceuticals

**15 g**  
 Rx only


**Each gram contains:** 2.5 mg of desoximetasone, USP in an emollient cream base consisting of cetostearyl alcohol, edetate disodium dihydrate, isopropyl myristate, lanolin alcohols, mineral oil, purified water and white petrolatum.


**Usual dosage:** Apply a thin film to affected skin area twice daily. Rub in gently.  
 See package insert for full prescribing information.

Store at 20° to 25°C (68° to 77°F), excursions permitted to 15° to 30°C (59° to 86°F).  
 [see USP Controlled Room Temperature].

**To open:** Remove cap. Turn cap upside down and place puncture tip onto tube.  
 Push cap until tube end is punctured. Screw cap back on to reseal tube.  
 For lot number and expiry date see crimp of tube.

**Manufactured by:**  
 Cadila Healthcare Ltd.  
 Ahmedabad, India

  
 N 3 70771 14371 9



Answer these questions based on the text!

1. What is the name of the product?
2. How many times do we take the medicine a day?
3. Mention the ingredients of the cream!
4. How much cream does one tube consist of?
5. How should we store the cream?